

Prosper High School
Dance I, II, III, IV
Course Syllabus

Course: Dance I, II, III, IV

Instructor: Cali Hoffman

Room: Dance Room (1039 front/ 1150 side)

Office: Dance Room

Email: cahoffman@prosper-isd.net (This is the fastest way to contact me.)

Course Objectives: Students will work to develop body awareness and kinesthetic awareness as we build flexibility, stamina, and muscle tone. Students will also have an understanding of various dance genres, history, elements, and cultures while exploring dance as a means of expression.

Grading Policy:

40% Dress & Daily Participation- Failure to dress out will result in receiving only half the day's credit for your grade. (50)

60% Tests/Projects/Assignments (Written and Performance-Students will be required to take written exams over vocabulary, history, and anatomy. Students are required to perform dance combinations and skills in small groups for evaluations over material. They will be graded on skills such as: memory, execution, technique, timing, energy level, and overall performance.)

Classroom Rules:

1. Students will ALWAYS dress out in appropriate dance attire for class
2. Students will be respectful to classmates and Ms. Hoffman
3. Students will participate and give 100%
4. Students will NOT chew gum or eat food during class due to safety

Classroom Procedures:

1. Dress out (10 min.)
2. Bell Work with Notebook
3. Stretch/Warm-Up
4. Dance Time/Class Time
5. Cool Down
6. Dress in (Last 10 min.)

Supplies:

- 1/2 inch or 1 inch binder
- Notebook paper/Dividers in binder
- Pen/Pencil (**we do write in dance class!**)
- Dance attire

Units by Six Weeks:

- 1st Six Weeks: Ballet/ Bones
- 2nd Six Weeks: Jazz/ Muscles
- 3rd Six Weeks: Folk Dance/ Hip Hop
- 4th Six Weeks: Contemporary/Lyrical
- 5th Six Weeks: Modern
- 6th Six Weeks: Choreography

Proper dance attire:

-*Clothing must be a Prosper Color (Green, grey, black, white)*

-**Tops:** T-shirt, thick strap tanks, long sleeve shirt

-**Bottoms:** Jazz pants, capris, Nike shorts (lining interior), basketball shorts or sweat pants.

****The following clothing items are NOT acceptable for dress out...**

-cheer shorts, booty shorts/spanks

-Jeans

-Pajama Pants

-Midriff baring tops

(Students are expected to wear proper undergarments as well. Students should also wear proper dance footwear, or dance bare foot or in socks. Tennis shoes are sometimes acceptable and students will be notified when they are allowed to wear them.)

Injury/Illness guidelines:

If a student is unable to participate due to illness or injury, they need to bring a **PARENT/DOCTOR**

NOTE or their parent may email cahoffman@prosper-isd.net. Students who sit out may be assigned other daily work to make up for the participation grade. Students who have an injury should bring a doctor's note that specifies their injury **and how long they need to sit out.**

Tardy Policy

Tardiness is NOT acceptable per PHS rules. Students may lose privileges if they are consistently tardy and may be subject to administrative reprimands*. You have **8 minutes** after the tardy bell to get changed into proper Dance attire and be back in the dance room. ****Restroom is to be used during dress out time!**

Absence Policy:

Students who are absent are responsible for making up any missed material. It is the students' responsibility to ask for any notes or handouts that were given while absent. Students will be required to turn in any previous homework upon their return to class. Students will also be required to take all announced tests or quizzes upon their return. **IT IS YOUR RESPONSIBILITY TO COMPLETE ALL ASSIGNMENTS ON YOUR OWN TIME.** Credit for makeup work can be given for excused absences only. Students will receive a "0" for each grade taken during unexcused absences.

Dance Class Etiquette:

-**Entering and Exiting a Room:** Quietly & Quickly

-**Clothing:** proper dance attire

-**Behavior:** You do not talk when teacher is talking, when you are social you are having a dance class related conversation.

Work Ethic: You signed up for dance class therefore, you are expected to participate and give 110%!

Working with others: Always be polite/give way, say "excuse me" or "sorry", make room for others, consider other viewpoints, never berate or insult another person **in any way!**

Mandatory Performance: ALL dance classes will perform in the Talonette Spring Show on April 29th (Saturday). Every dance student is required to attend performance night, whether or not he/she is performing. (Attendance will be taken!) If you can NOT participate in spring show due to other reasons, you will do a WRITTEN alternate assignment.

PHS Dance Class

I, (student) _____, have read and fully understand the syllabus for dance class.

I, (parent) _____, have read and fully understand the syllabus for dance class.

I understand:

- What I am required to bring
- What I am required to wear
- How I earn my grade
- What to do when I have been absent
- What to do when I am ill or injured
- How being tardy or not prepared for class affects my grade
- Changing procedures
- Classroom rules
- Dance concert expectations and requirements

Student Signature Class Period

Parent Signature Date

Let's have a fun time in dance class!
~Hoffman